



Travel Information Pack
Upper Cambourne
(Updated May 2018)

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**BOVIS
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CAMBOURNE



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Welcome

“One of the reasons your development was granted planning permission is because your developer has committed to delivering a sustainable development”

Part of this commitment involves a Residents Travel Plan, which is focussed on encouraging sustainable travel such as walking, cycling and public transport.

With your help we aim to achieve a reduction in the total number of car trips each household makes. In doing so, this will provide a range of benefits to you and the community including; a safer and cleaner environment, reduced congestion, improved health and personal financial savings.

Each year we will survey the level of car trips and may also ask you to complete a travel survey questionnaire. This will enable us to measure the success of the travel plan.

There's an easier way from A to B ...

This Travel Pack provides information to help you plan your day to day journey's, hopefully by alternative means to the car. By providing a range of travel information and free vouchers we hope this will encourage you to consider other ways to travel than by car.

We understand that sometimes there is no alternative to travelling by car. However, we encourage you to consider alternative ways to travel when possible and this pack provides you with the information you might need.

Why make fewer trips by car?

- It saves you money!!! The fewer trips you make, the more money you save on fuel and car maintenance costs.
- Reducing your annual mileage reduces your private vehicle insurance premium.
- Walking and cycling on a regular basis is good for your heart and lungs, burns calories and is a good way to achieve a fitter and healthier lifestyle.
- When travelling by bus or train you don't need to find a parking space, or worry about parking tickets. You also get to avoid the stresses of driving.
- Fewer car journeys will reduce local CO2 emissions creating a cleaner environment for you to live in. We hope you will find this pack useful and that it helps you to explore your local area and the great benefits it has to offer!

We hope you will find this pack useful and that it helps you to explore your town and the great benefits it has to offer! Up to date travel information is available on the Cambourne Travel Information Website which can be found at this address:

www.cambournetravelplan.com

Walking and Cycling

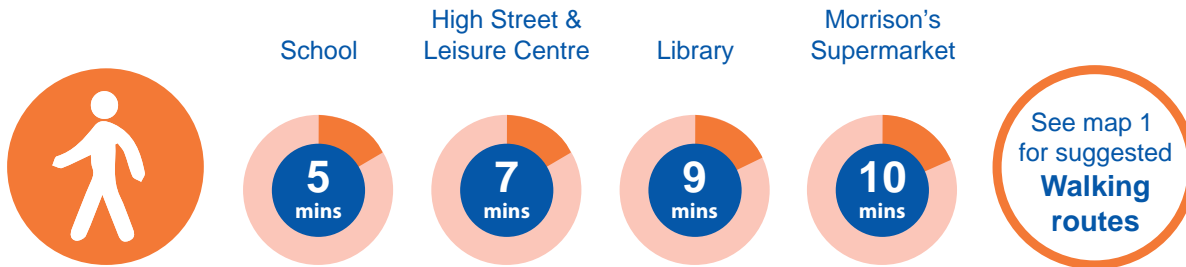
“Fit exercise into your daily routine by walking or cycling all, or part of your journey somewhere.”

Walking and Cycling are great ways to boost your health, fitness and well being. It is recommended that the average adult should do 30 minutes of exercise 5 times per week or 10,000 steps per day. Walking or cycling to work, the shops or school is an easy way to achieve this target. Walking and cycling also offer a cheaper alternative to a monthly gym membership, or why not walk or cycle to the Sports Centre and you’ve already completed your warm-up!

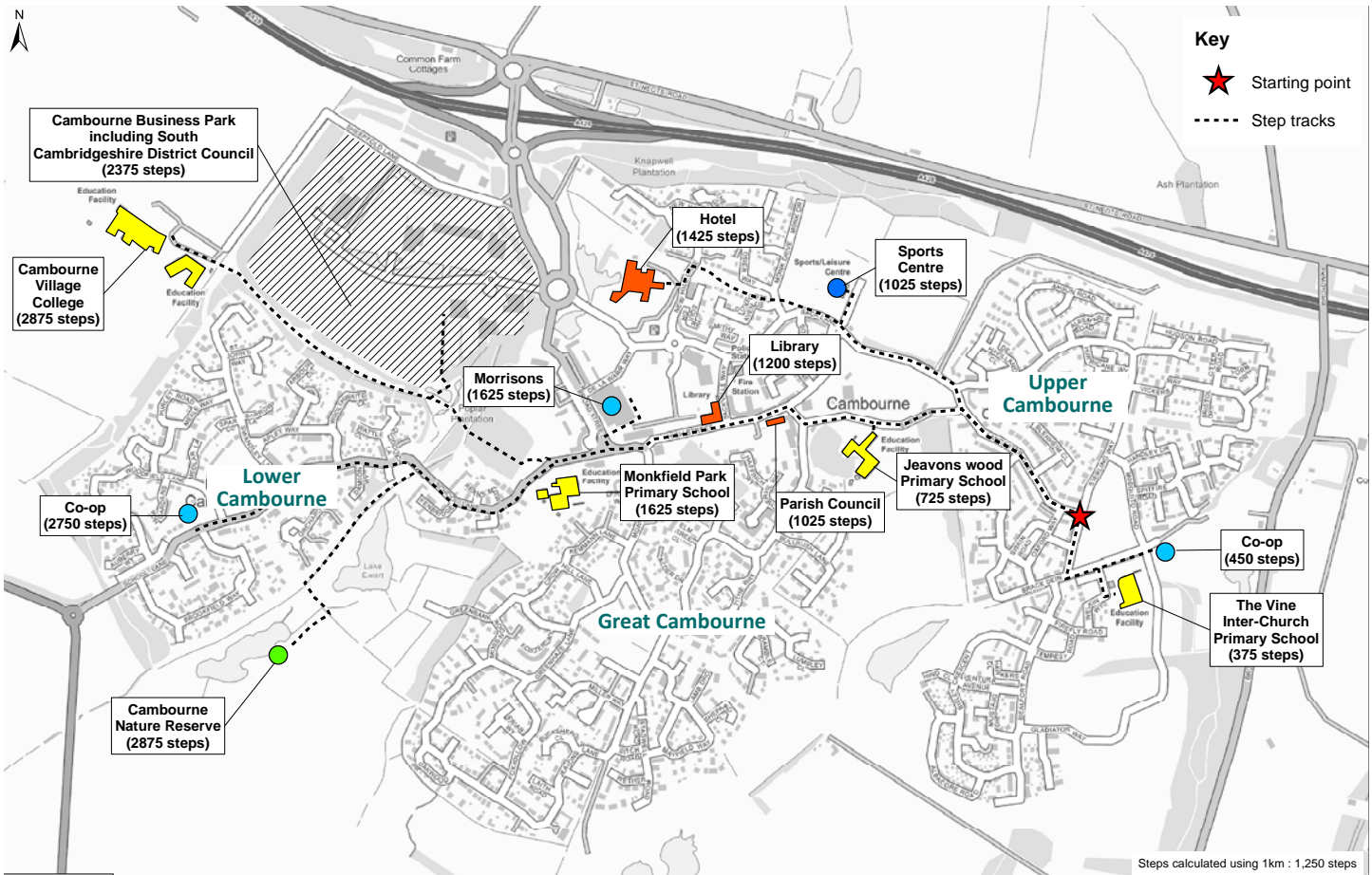
Walking or cycling can often be combined with other modes of transport for part of the journey, e.g. bus or train. The existing network of pedestrian and cycle routes within Cambourne is shown in **Map 1**, and the number of steps to key locations from Upper cambourne is show in **Map 2**.

Places you might walk to:

- Morrison’s Supermarket (10 mins 1625 steps)
- Jeavons Wood Primary School (5 mins, 725 steps)
- Library (9 mins, 1200 steps)
- Sports Centre (7 mins, 1025 steps)







Map 2

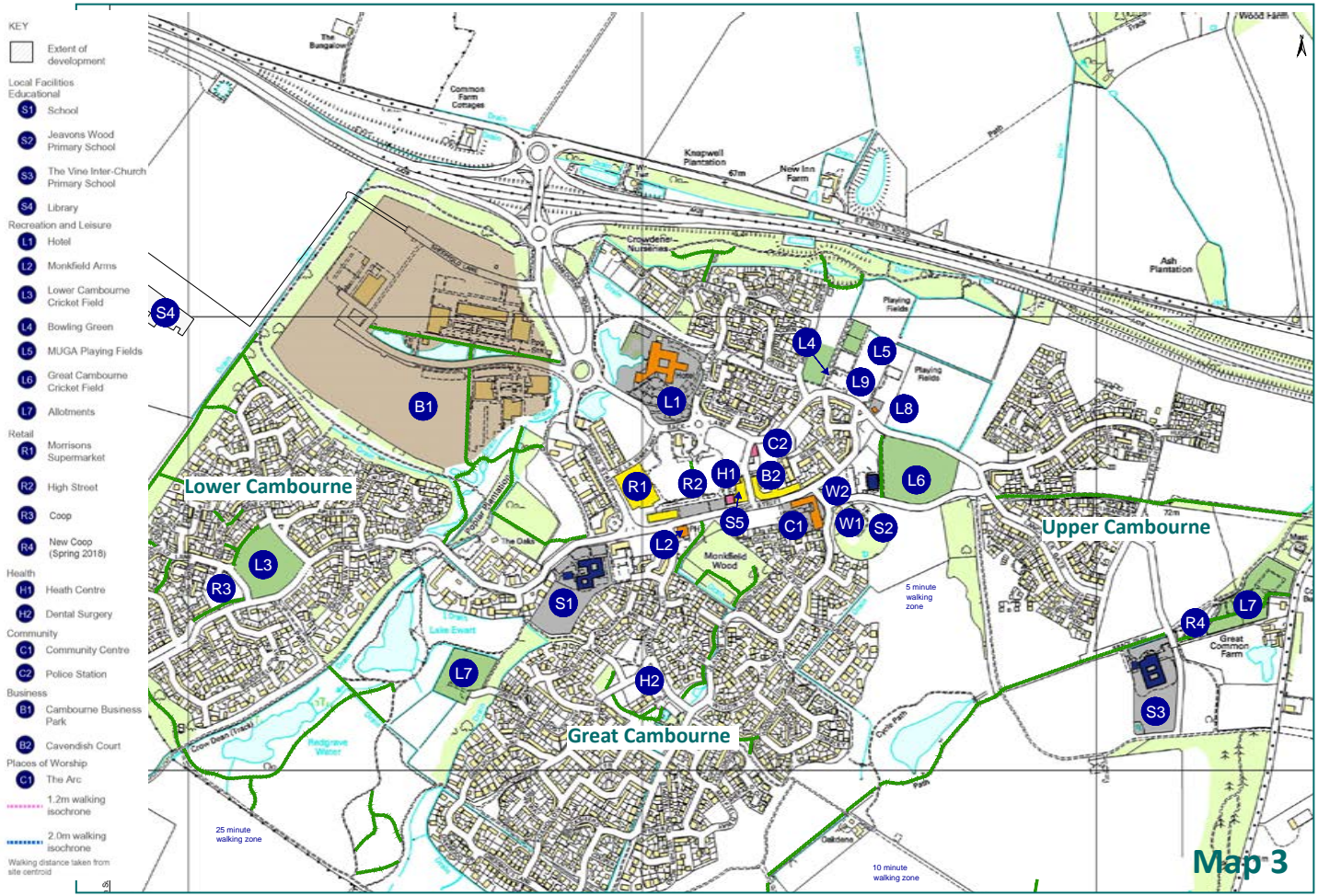
Map 3 illustrates the location of community facilities and amenities in relation to the site and shows that there is a wide range of facilities and amenities within a 5, 10, 15, 20 and 25 minute walking distance of the site.

Walking and Cycling have great personal health and fitness benefits;

- Lower risk of heart disease, high blood pressure and diabetes
- Stronger bones
- A strengthened immune system
- Better weight management
- Increase energy levels
- Enhanced self esteem
- Better sleep

“Walking on a regular basis is good for your health and well being and it’s FREE. The NHS Change4life (www.nhs.uk/change4life) website is full of ideas about how to fit being active into your lifestyle!”





on your bike... it's quicker to cycle!

"It is often quicker to cycle or walk short distances than travel by car, particularly during the morning and evening rush hours."

Places you might like to cycle to:

- Lower Cambourne Cricket Field (1 mins)
- Morrison's (4 mins)
- Cambourne Business Park (7 mins)
- Community Centre (4 mins)
- Dentist (4 mins)

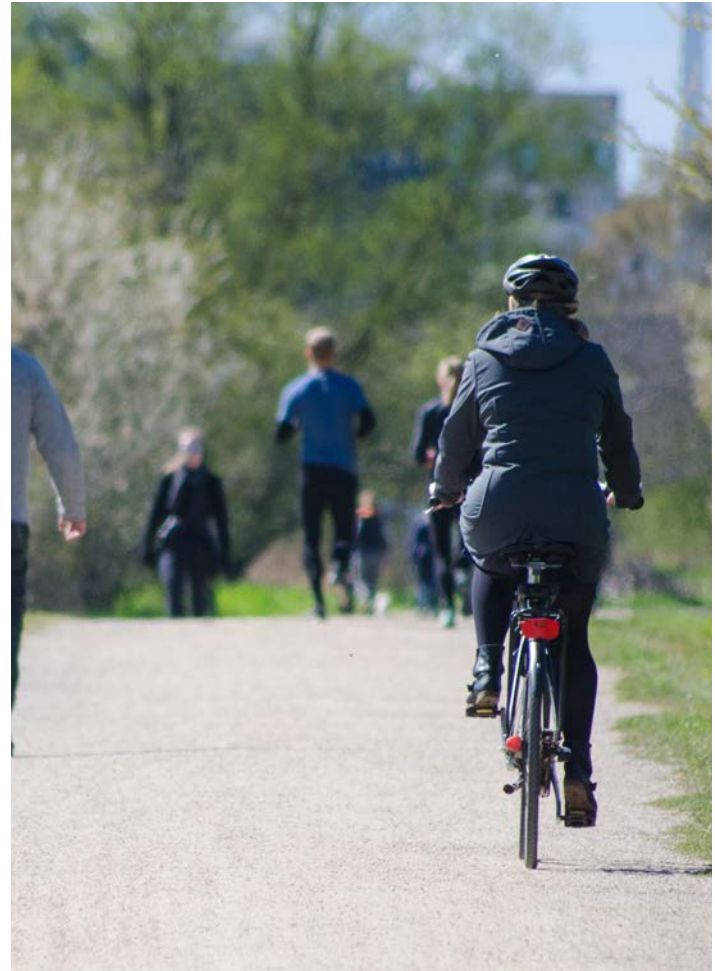


Places you might cycle to...

To help you get out and about on your bike we have teamed up with **Richardsons Cycles** to offer you free reflective wear and lights on purchase of an adult bike over £100! See enclosed voucher for details.

As well as all the health and fitness benefits of cycling it is also a quick way of getting around and much cheaper than driving. Cycling to your local shops is good for the community too, as this helps support your local economy.

- Nearly a quarter of all car trips are less than two miles (3km), a distance that can be cycled in under 15 minutes.
- Cycling two-mile trips could save £600 per year in fuel.
- Car journeys under one mile normally take 20 minutes to walk.
- Walking one-mile trips could save £160 per year in fuel.
- The school run costs families on average £300 a year in petrol and car maintenance. Walking there and back could be good for your bank balance and your heart.



on the buses... stop fuelling around!

Relax and let someone else drive you there!

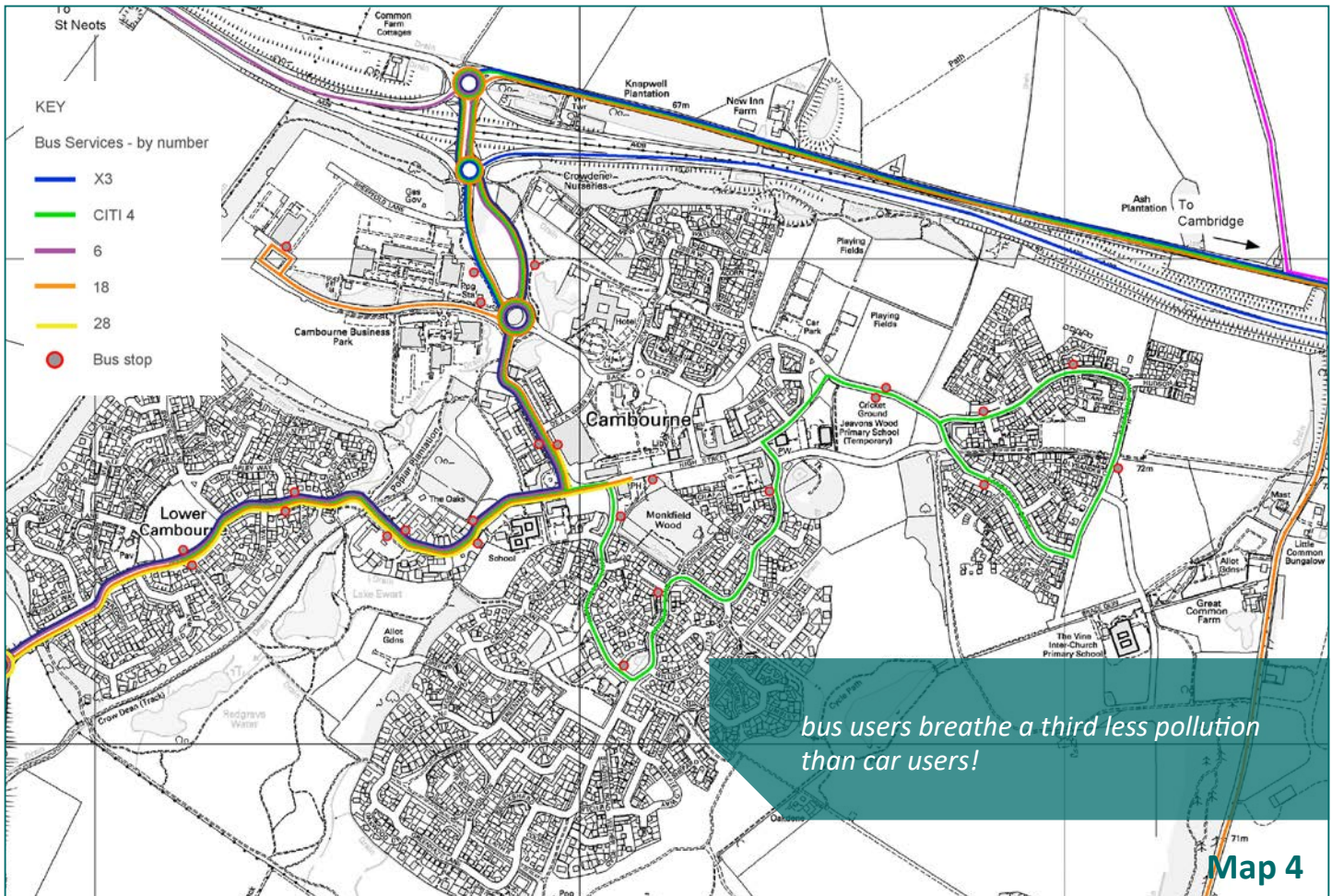
Don't worry about the cost of parking once you reach your destination; relax, and let someone else do the driving – for whatever reason you are travelling, taking the bus can be less stressful and more relaxing than driving.

There are a number of buses that stop close to the site. Local bus stops along with the routing of services are shown on **Map 4**. The www.cambridgeshirebus.info site provides real-time bus information from each stop. Timetables can be found at the below site: www.cambridgeshire.gov.uk and visit the buses web page.



A summary of services is provided below:

Service	Stop	Route	Weekday					Weekend	
			Frequency			Time		Frequency	
			AM Peak	Off Peak	PM Peak	First Service	Last Service	Sat	Sun
CITI 4 Stagecoach	Cambourne Broadway (opp)	Cambridge to Cambourne	2 Services	3 Services Hourly	2 Services	714	2307	3 services Hourly	Hourly
CITI 4 Stagecoach	Cambourne Broadway (opp)	Cambourne to Cambridge	3 Services	3 Services Hourly	3 Services	633	2335	3 Services Hourly	Hourly
18 Stagecoach	Cambourne Sackville Way (opp)/	Cambridge to Cambourne via Comberton and Bourn	1 Service	Hourly	2 Services	840	2002*	Hourly	No Service
18 Stagecoach	Cambourne Sackville Way (opp)	Cambourne to Cambridge Via Bourn and Comberton	1 Service	Hourly	1 Service	841	1646	Hourly	No Service
6 Whippet	Cambourne near De La Warr Way	St Neots to Hilton via Cambourne	No Service	1 service	No Service	1347	1347	No Service	No Service
6 Whippet	Cambourne near De La Warr Way	Hilton to St Neots via Cambourne	No Service	1 service	2 Services	955	955	No service	No Service
28 HACT	Cambourne Sackville Way (opp)	Cambourne to St Neots via Gamlingay and Eynesbury	No Service	1 Service (Thurs only)	No Service	930	930	1 Service	No Service
28 HACT	Cambourne Sackville Way (opp)	St Neots to Cambourne via Gamlingay and Eynesbury	No Service	1 Service (Thurs Only)	No Service	09:32	14:30	1 Service	No Service
3/X3 whippet	Cambourne Broadway (Opp)	Huntingdon/Hilton to Cambridge via Cambourne	No Service	1 service	1 service	659	1750	1 service	No service
3/X3 Whippet	Cambourne Broadway (Opp)	Cambridge to Huntingdon via Cambourne	No service	1 service	2 services	925	1842	1 service	No service



Just take the bus and lose the fuss!

Avoid the rising fuel prices and save money

- Read a book or the newspaper on your way to work or to the shop
- . . . or just relax, enjoy the scenery or catch up on some sleep until you arrive at your destination
- Where routes have dedicated bus lanes, you can avoid sitting in traffic jams
- No need to drive around trying to find a parking space, or pay the charges
- Total flexibility, no restricting parking tickets
- Meet up and go for a drink with your friends, someone else will drive you home
- Season tickets offer unlimited travel on services and can prove cheaper to filling your car up and the associated maintenance costs
- Bus users breathe a third less pollution than car users.

Wheelchair Accessible Buses

All Stagecoach buses in Cambridgeshire, including the Citi 4 and 18 services, operate with wheelchair accessible buses which have ramps, an official space for wheelchairs and a low floor capability which enables the bus platform to lower to the kerb level for easier boarding.

Whippet Coaches are working to upgrade all of their fleet to wheelchair accessible services. It is important to ring (01954 230011) prior to your journey to identify the services that are wheelchair accessible as not all buses currently are.

The Huntingdon Associate for Community Transport (HACT) buses are wheelchair accessible services and can carry up to four wheelchairs at one time.

Concessionary Fares

- Children under 5 travel for free on all bus services.
- Child fares are available on services after 09:00
- Eligible older (over 60's) and disabled people are entitled to free off-peak travel on local buses anywhere in England. You can apply for a bus pass either in person or by post. You must apply to the local authority where you live.
- The concessionary bus pass may also be used on certain Dial-A-Ride services to give you a 50% reduction off the fare

More information regarding eligibility and applying for a Concessionary Bus Pass can be found at the below sites:

www.cambridgeshire.gov.uk

on the right tracks... Beat the rush and take the train . . .

Travelling by rail provides a fast, efficient and frequent option, whether travelling for business or pleasure. Your nearest rail stations are Cambridge and St Neots Railway Stations.

The benefits of rail travel are shared with those of travelling by bus, such as:

- Rail travel could save you time and money, and help you reduce your carbon footprint
- You don't have to worry about traffic jams or speeding fines
- You can lose yourself in a good book or catch up on some sleep
- You can catch up on your work, or even have a meeting
- You can arrive at the centre of your destination and avoid paying for the car park.

Getting to the station.... Just sit back and relax...

Cambridge Railway Station is approximately a 45 minute bus journey from Cambourne.

There is plenty of cycle parking available at the station. Cycle storage is available on all trains for non-folding bicycles. Restrictions apply during peak times check on the train operator website for further information.

Car Parking is available at the station, but can be expensive. You can save yourself some money by taking the bus, cycling or walking to/from the station or by car sharing with someone you know!

The destinations, peak frequencies and journey times for direct services operating out of Cambridge stations together with interchange destinations are shown on the next page.

Between		Number Per Hour in Each Direction		Approx Journey Time	Operator
		Mon to Fri	Sat/Sun		
Cambridge	London King Cross	3	3/2	60-90 Minutes	GN
Cambridge	London Liverpool Street	2	2	90 Minutes	GA
Cambridge	Ipswich	1	1/ 1 every 2 hours	80 Minutes	GA
Cambridge	Birmingham	1	1/1	2 hrs 40mins	XC
Cambridge	Stansted	2	2/2	30 Minutes	GA;/XC
Cambridge	Kings Lynn	1* 1	0 1/1	50 Minutes	GA*/GN
Cambridge	Norwich	1	1/1	1 hr 15mins	GA
Cambridge	Peterborough	1	1/1	50 mins	XC
Cambridge	Ely	2	2/1	20 mins	GN
St Neots	London King Cross	2	2/1	55 mins	GN
St Neots	Peterborough	2	2/1	35 mins	GN

Notes * AM and PM only
GN Great Northern
GA Greater Anglia
XC Cross Country

More detailed rail information can be found at: www.nationalrail.co.uk

Wheelchair Accessibility at Stations

Cambridge and railway stations provide a helpline number (Cambridge: 0800 028 28 78) for passengers with accessibility needs to call before accessing the stations. More details can be found for Cambridge:

www.nationalrail.co.uk

Rail Service Concessions

National Rail offers a number of Railcards with a range of eligibilities that can save you a third on most rail fares. More information can be found at the site below:

www.nationalrail.co.uk



on the road...

got a spare seat, why not share your car journey?

One way of reducing the costs of travelling by car is to 'car share'. As well as saving you money you will also help the environment by reducing your carbon footprint. Car sharing can be done when travelling to work, going shopping, on the school run, in fact on any journey you make. It's also a great way to meet new people and make new friends.

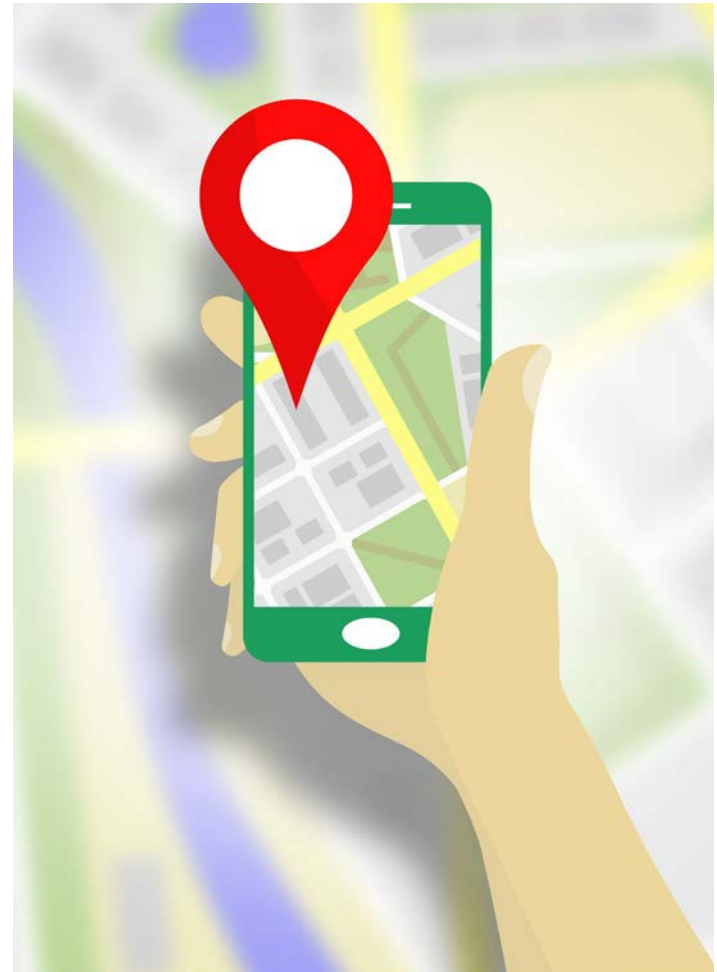
CamShare has been set up to provide a matching service for all those who live, work and travel in and around Cambridgeshire. This site matches you up with potential partners as a driver or passenger. Once matched, you can choose to journey share as little or as often as you like, with whoever you like!

<https://camshare.liftshare.com>

Follow these simple guidelines when meeting up with your lift for the first time:

- You can agree a convenient pick up point e.g. an open and public space, such as a bus stop or outside a shop.
- Arrange to meet near public transport links so you have an alternative means of travelling should the lift fall through
- The first time you lift share with a stranger, satisfy yourself as to his or her identity. You could ask for ID, such as a passport or driving licence
- Find out what colour and model of car to expect. If you want to share with the same sex only, then you can indicate this when you search for a match.
- Tell a friend or family member when and where you are travelling and with whom

So why don't you sit back and relax and let someone else do the driving.



on the road... travel by taxi... not such a luxury as it sounds – especially when you share

Taxis can offer a good option for linking journeys such as trips by public transport and for travelling out of hours. Taxis are convenient and cut parking time and charge, they also reduce worry about directions. Based on an average family expenditure on motoring at £55/week, you could spend £7 per day on taxis.

For your journey destination traintaxi.co.uk can be used to find out the phone numbers of taxis serving most stations in England. Taxis can offer a good option for linking journeys such as trips by public transport and for travelling out of hours. Taxis are convenient and cut parking time and charge they also reduce worry about directions.

Taxi Card Scheme

If you experience difficulties getting to or using public transport, are mobility impaired or do not have access to a car or any other means of transport then the Cambourne Taxi Card Scheme may well solve your problems.

Taxi Card vouchers offer travel with participating local taxi companies and Cambridge Dial-a-Ride at a subsidised rate.

The scheme is simple to start and use...

1. When you join you'll be given vouchers entitling you to money off taxi fares. However, vouchers can only be used on fares of £4.20 or more: you must pay at least £1.
2. Book a taxi with a participating company and use the vouchers to pay towards the fare. Vouchers can be pooled together with other Taxi Card members to make journeys even cheaper.

For more information contact:

Phone: 0345 045 1151

Email: community.transport@cambridgeshire.gov.uk

Write: Cambridgeshire County Council,
ET1015, Castle Court,
Shire Hall, Cambridge
CB3 0AP

Shopping Locally & Home Delivery

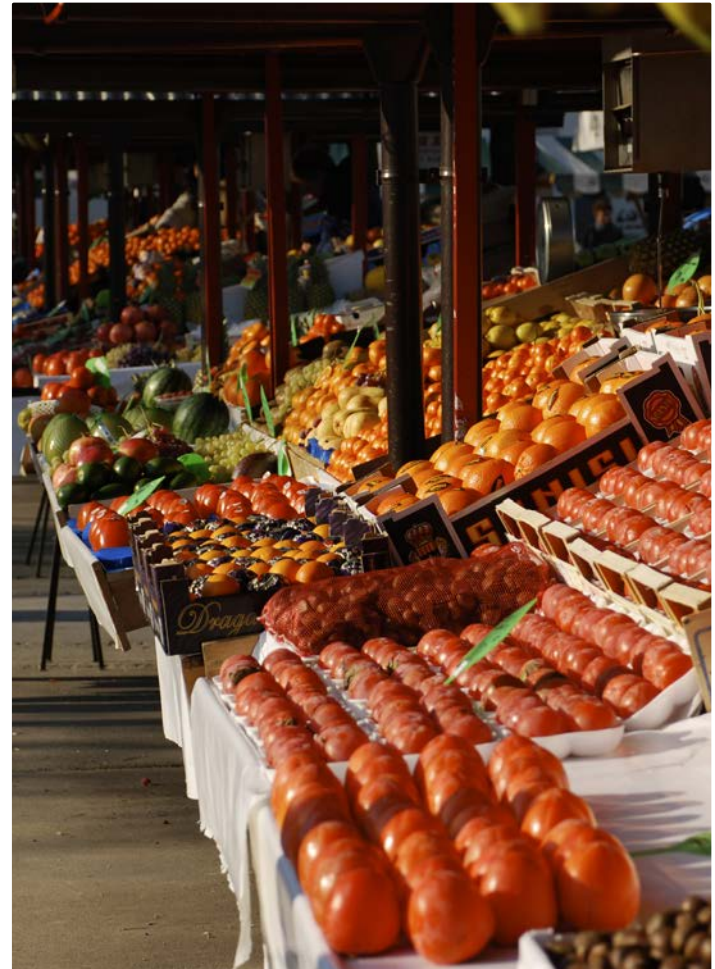
Live local . . . shop local

An easy way to cut the cost of car travel is to shop locally.

The town centre of Cambourne offers a variety of local shops, all located within easy walking/cycling distance, including the new Co-op in Upper Cambourne.

Too much shopping to carry? Walk to town and get the bus/taxi home, it could be cheaper than parking!

By shopping in your local town centre you will also be supporting your local community and economy. To take the stress and the drive out of your weekly shop, your local supermarket (Morrisons) offers home delivery, when shopping on-line.



Useful Contacts & Links

To help you with planning your journey we have provided below a list of useful contact numbers and links

Travel Plan Coordinator

☎ +44 (0) 1235 821 888

✉ Amanda.Hayes@rpsgroup.com

For any enquiries regarding the Travel Plan and travel options

Traveline South East

📄 www.travelinesoutheast.org.uk

☎ 0871 200 22 33

Door to door journey planner (public transport)

Stagecoach Bus

☎ 01452 418630

📄 www.stagecoachbus.com

Operate many of the local bus services

National Rail Enquiries

☎ 08457 48 49 50

📄 www.nationalrail.co.uk

For all rail enquiries

South West Trains

☎ 03709 06 66 49

📄 www.southwesttrains.co.uk

First Great Western Trains

☎ 08451 27 29 20

📄 www.firstgreatwestern.co.uk

Cross Country Trains

☎ 0844 811 0124

📄 www.crosscountrytrains.co.uk

Sustrans

📄 www.sustrans.org.uk

Information about all travel modes and activities

Journey sharing

📄 <https://camshare.liftshare.com>

📄 www.blablacar.com

📄 www.liftshare.com

Local and National carshare database

Google Maps

📄 www.maps.google.co.uk

Local Information Websites

📄 www.cambournetravelplan.com

📄 www.cambourne.info

📄 www.cambourneconnection.co.uk

📄 www.cambourneforum.net

📄 www.cambourneparishcouncil.gov.uk

📄 www.cambournecrier.org

Blue Badge

 www.cambridgeshire.gov.uk/info/20018/parking_permits_and_fines/11/blue_badges

 www.gov.uk/apply-blue-badge

Blue Badge permits provide parking concessions if you have severe mobility problems and have difficulty using public transport. Blue badge holders can either be the driver or the passenger of a vehicle they are travelling in.

Cycle Route Planning

 <http://cambridge.cyclestreets.net/journey/to/52.22194,-0.07359/Cambourne/>

To plan your cycle route from Cambourne visit Cambridge CycleStreets.

Safer Cycling Scheme – Cambridgeshire County Council

 www.cambridgeshire.gov.uk/info/20020/cycling/127/cycle_safety

This provides information on safe courses for children and on links for adult cycle training.

Bikeability

 www.dft.gov.uk/bikeability/the-three-levels/cycling-skills-for-adults/

Links to cycle instruction for adults to build confidence if you have recently rediscovered your enthusiasm for cycling.



Riding A Bike

 www.ridingabike.co.uk

One company which offers training throughout Cambridgeshire are Riding a Bike.



Local Cycle Shops

Richardsons Cycles

185-189 Newmarket Road,
Cambridge,

Cambridgeshire,
CB5 8HA

Tel: 01223 322450

cambridge@richardsonsonline.co.uk



Rutland Cycling

Tel: 0330 555 0080 / 0330 555 0080

 www.rutlandcycling.com



Halfords Cambridge

Unit 2, Stukeley Road Retail Park,
Stukeley Road,
Huntingdon,
Cambridgeshire,
PE29 6DA

Tel: 01480 418850

 www.halfords.com







Taylor
Wimpey

